

# JANUARY 2024

## Troy Middle/High School Lunch Menu

Alternative Entrees Available Daily  
Check Website for Link to Choices

### Monday

**1**  
New Years  
Day  
No School

**8**  
**Chicken Drumstick**  
Waffle Dippers  
Sweet Potato Fries  
Assorted Fruit  
Milk

**15**  
**Martin Luther King Jr.**  
Day  
No School

**22**  
**Chicken Parm Sandwich**  
Garden Salad  
Assorted Fruit  
Milk

**29**  
**Spicy Chicken Sandwich**  
Seasoned Waffle Fries  
Rainbow Pepper Sticks  
w/Dip  
Assorted Fruit

### Tuesday

**2**  
Holiday Break  
No  
School

**9**  
**Texas Grilled Cheese**  
Tomato Soup  
Roasted Asparagus  
Assorted Fruit  
Milk

**16**  
**Cheeseburger Empanada**  
French Fries  
Rainbow Pepper Sticks  
Assorted Fruit  
Milk

**23**  
**Pulled Pork Nachos**  
Cheese Sauce, Jalepenos  
Black Beans  
Corn Salsa  
Assorted Fruit

**30**  
**Sesame Beef and Broccoli**  
Egg Roll, Brown Rice  
Assorted Fruit  
Milk

### Wednesday

**3**  
**Jamaican Beef Patty**  
Spanish Rice  
Carrots  
Assorted Fruit  
Milk

**10**  
**Walking Taco**  
(Seasoned Meat/Bean & Cheese)  
Guacamole, Olives, Jalapenos  
Salsa & Sour Cream  
Assorted Fruit  
Milk

**17**  
**General Tso Chicken**  
Fried Rice & Dumplings  
Stir Fry Vegetables  
Assorted Fruit & Milk

**24**  
**Chicken Ranch Wrap**  
Cheddar Cheese  
Lettuce, Tomato  
Sweet Potato Waffle Fries  
Assorted Fruit & Milk

**31**  
**3 Cheese Stromboli**  
Marinara Sauce  
Spinach and White Beans  
Assorted Fruit & Milk

### Thursday

**4**  
**Macaroni and Cheese**  
Buffalo Chicken  
Roasted Broccoli  
Assorted Fruit  
Milk

**11**  
**Bistro Cheeseburger**  
Seasoned Curly Fries  
Mini Cookies  
Assorted Fruit  
Milk

**18**  
**Cheesy Breadsticks**  
Marinara  
Spinach and White Beans  
Assorted Fruit  
Milk

**25**  
**Troy Sampler**  
Burger Slider, Mozz Sticks,  
Chicken Wings  
Carrot and Celery Sticks  
Assorted Fruit & Milk

### Friday

**5**  
**French Toast Sticks**  
Sausage Links  
Mini Potato Pancakes  
Assorted Fruit  
Milk

**12**  
**Creamy Mushroom Chicken**  
WG Elbow Macaroni  
Green Beans  
Assorted Fruit  
Milk

**19**  
**Loaded Baked Potato**  
(pulled chicken, queso)  
Garlic Knot  
Steamed Broccoli  
Assorted Fruit & Milk

**26**  
**Open Face Hot Turkey Sandwich**  
Gravy, Mashed Potato  
Garlic Green Beans  
Assorted Fruit & Milk

Menu is subject to change, notice posted when available. The institution is an equal opportunity provider