

SEPTEMBER 2023

TROY ELEMENTARY SCHOOL LUNCH MENU

Monday

Tuesday

Wednesday

Thursday

Friday



Labor Day
No School

4

Conference
Day

5

Conference
Day

6

Corndog
Baked Potato Chips
Fresh Veggie Cup
Fruit Choice
Milk

7

Summer
Vacation

1

Cheese Pizza
Garden Salad
Fruit Choice
Milk

8

Chicken and Waffles
Sweet Potato Fries
Fruit Choice
Milk

11

Nachos
(Taco Meat & Cheese)
Black Beans
Salsa Cup & Fruit Choice
Milk

12

French Toast Sticks
Sausage Links & Hash Brown
100% Orange Juice
Fruit Choice
Milk

13

Turkey & Cheese Sub
Lettuce/Tomato/Pickles
Coleslaw
Fruit Choices
Milk

14

Cheese Pizza
Veggie Sticks
Fruit Choice
Milk

15

Chicken Nuggets
WG Pretzel Sticks
Carrots
Fruit Choice
Milk

18

Cheesy Breadstick (2ea)
with Marinara Sauce Cup
Roasted Broccoli
Fruit Choice
Milk

19

Ham & Cheese Croissant
Goldfish Crackers
Steamed Mixed Veggies
Fruit Choice
Milk

20

Cheeseburger on a Bun
French Fries
Baked Beans
Fruit Choice
Milk

21

Cheese Pizza
Garden Salad
Fruit Choice
Milk

22

NO School
Yom Kippur

25

Chicken Patty Sandwich
Smiley Fries
Fruit Choice
WG Cookies
Milk

26

Pasta and Meat Sauce
Mozzarella Sticks
Green Beans
Fruit Choices
Milk

27

Popcorn Chicken
Macaroni & Cheese
Roasted Broccoli
Fruit Choice
Milk

28

Cheese Pizza
Veggie Sticks
Fruit Choice
Milk

29

Pork Free Menu is provided with Turkey Alternatives

Menu is subject to change, notice posted when available. The institution is an equal opportunity provider

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TROY BREAKFAST & LUNCH ALTERNATE MENU

Breakfast Choices:

Monday: Cinnamon or Strawberry Stuffed Bagels
Tuesday: Uncrustable Breakfast Sandwich or Jimmy Dean Pancake
Wednesday: Assorted Cereal Choices
Thursday: Muffin/Bread and Yogurt
Friday: Mini Waffles or Pancakes or French Toast
Fruit: 100% Fruit Juice or Fruit of the Day
Choice of Milk

Alternate Lunch Options: Available Daily

"Lunchable" Turkey Cubes, Cheese, WG Crackers, Veggie Sticks/Fruit
Sunbutter and Jelly Sandwich
Grilled Cheese Sandwich

All Alternate Meals Served with Vegetable of the Day, Fruit Choices and Milk



Our food service department wants to prevent food waste! If there are any items in your school lunch that are prepackaged, remember to pack them up and save them for later. Cheese sticks, apples, Craisins, or fruit cups would be great for an afternoon snack!



We are striving to support our New York State food producers.

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