

## 2018 – 2019 Parent and Family Trainings



Registration is required and can be completed by clicking on the registration links below. Please call Sheri Gaylord @ PNCR w/any registration questions or concerns.

### Understanding Autism Spectrum Disorders (ASD): The Basics

Tuesday, October 23, 2018 (2:30pm-4:30pm) @ School 16

Join us for an overview of ASD. Participants will gain a basic understanding of how ASD characteristics can impact children in the school, community, and home environments. Educating children with ASD involves a partnership between schools, families, and communities. The better we understand ASD, the better prepared we are to help students reach their potential.

**Registration Link:** <http://events.constantcontact.com/register/event?llr=7ktbt6cab&oeidk=a07efmpkdzi9ec57cee>

### Cracking the Code! Understanding Graduation Options for Students with Disabilities

Tuesday, November 27, 2018 (5:30pm-7:30pm) @ Troy Middle School (Troy Room)

Join us and other families as we explore the graduation and diploma options available to students with disabilities including the Career Development and Occupational Studies Credential (CDOS) and the Skills and Achievement Commencement Credential (SACC). Discover essential, but often overlooked skills needed for life after high school and learn how to use your student's IEP transition plan to gain them.

**Registration Link:**

<http://events.r20.constantcontact.com/register/event?llr=7ktbt6cab&oeidk=a07efos01n9a19a448d>

### Anxiety and Depression in School Age Learners: What Should I Know? How Can I Help?

Tuesday, February 12, 2019 (2:30pm-4:30pm) @ Carroll Hill Elementary School

Children cannot learn well when they are anxious and depressed. This workshop will provide an overview of anxiety and depression in school aged learners. Participants will learn how anxiety and depression may present in youth, how each may impact learning, and discover tools and strategies to help in the home and school environments.

**Registration Link:**

<http://events.r20.constantcontact.com/register/event?oeidk=a07efpgt60mefca213a&llr=7ktbt6cab>

### Information and Resource Exchange: Community Disability Related Resources, Programs, and Other Information

Wednesday, March 13, 2019 (5:30pm-7:30pm) @ Troy Middle School (Troy Room)

Join PNCR and other families for a guided interactive discussion sharing and exchanging resources for siblings, parents, families, and children with special needs. Categories of interest include: sports, camps, social and leisure activities, developmental/clinical services, support groups, education and disability specific info. Bring some of your ideas, knowledge of, and experiences with community programs and other available resources and be ready to share!

**Registration Link:**

<http://events.r20.constantcontact.com/register/event?oeidk=a07efpgxnn3c1c05486&llr=7ktbt6cab>

### Helping the Child with ADHD or LD Improve Performance in Class Work and Homework

Monday, April 15, 2019 (5:30pm-7:30pm) @ Troy Middle School (Troy Room)

This training provides an overview of skills that students w/ADHD and Learning Disabilities (LD) often struggle with including: organization, focus, time management, and task completion - skills known as executive function (EF) skills. Participants will learn the role of EF skills specific to class/homework activities and strategies for supporting these learning needs.

**Registration Link:** <http://events.constantcontact.com/register/event?llr=7ktbt6cab&oeidk=a07efpnb2b4dbd4f5ef>