On Thursday January 19th, School 2 Community celebrated the life and legacy of one of our most respected citizens—Martin Luther King Jr. With words and non-violent protests, he showed that persistent activism can achieve tremendous results.

In an essay on education, Dr. King wrote, “Intelligence plus character—that is the goal of education.” Therefore in addition to celebrating his achievements as a civil right activist. We had the privilege of highlighting his view on education through student class work, assemblies, parent workshops, and motivational guest speakers!

The following photos are just a small representation of the “I Have a Dream” Dinner and presentation. Our inspirational speakers, Reverend Cornelius Clark and Commissioner Jonathan Jones, reiterated through their speeches the powerful message **Yes We Can!**

**“I have a Dream” Quotes:**

**Savannah Bruns:**
Mrs. Comparetta’s 4th grade class
“I have a dream to be a Supreme Court justice like Sonia Sotomayor. I will have to study hard and go to law school.”

**Maria Rivera:**
Mrs. Jabour’s 5th grade class
“I have a dream. The dream that I have is to make the world free of bad people, of shootings, and racism.”

**Jah-son Perry:**
Mrs. O’Hearn’s 2nd grade class
“I have a dream to take care of the city. I need to learn how to first. I will practice at home.”

**Vision**

All Students Achieving at Proficiency

**Mission**

To provide students with learning opportunities, which foster academic proficiency or higher; to model and expect strong character from all and to collectively own and celebrate the entire school community.

**Mark your Calendars!**

- **February 11th:** 11am Mindful Parenting.
- **March 9th:** 1pm Community Engagement Team Meeting.
- **March 16th:** 5pm Potluck Event!
- **March 22nd:** 5pm Parent Teacher Conference.
Having good hygiene habits involves more than just hand washing! Teachings kids to have healthy hygiene routine when they’re young can create habits to last throughout their lives.

- **Hand Washing**: Essential piece of good hygiene! Tell your child about the importance of scrubbing hands the same amount of time it takes to sing the Birthday Song!!
- **Oral hygiene**: Brushing teeth twice a day is essential in preventing bad breath, cavities and heart disease.
- **Skin and Nail Care**: Help your child with any blemishes, rashes or scabs they may have. It is important that nails are clipped on a weekly basis as they are a breeding ground for bacteria.
- **Bathing every day!**
- **Washing hair every other day!**

"Practicing good hygiene is being a good member of the School 2 community"

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Healthy Habits

Create an account! www.secondstep.org

Depending on your student’s grade level:

- **Grade K**: SSPK FAMI LY70
- **Grade 1**: SSP11 FAMI LY71
- **Grade 2**: SSP2 FAMI LY72
- **Grade 3**: SSP3 FAMI LY73
- **Grade 4**: SSP4 FAMI LY74
- **Grade 5**: SSP5 FAMI LY75

Our school is listed under Public School 2

Once your account is created, click on the “Families” sections where you will find some great resources to use at home with your child. We encourage you to ask questions about the skills your student is learning such as:

- How do you show you are actively listening to someone?
- What does it mean to have Empathy?
- Why does it help to consider someone else’s perspective?
Attendance

**Facts and tips on attendance.**

- Absences can be a sign that a student is losing interest in school, struggling with schoolwork, dealing with peer issues or facing some other potentially serious difficulty.
- By 6th grade, absenteeism is one of three signs that a student may drop out of high school.
- Missing 10 percent, or about 18 days, of the school year can drastically affect a student’s academic success.
- Students can be chronically absent even if they only miss a day or two every few weeks.
- Talk to your child about the importance of attending school every day. Make it the expectation.
- Help your child maintain daily routines (for example, finishing homework and getting a good night’s sleep.)
- Try not to schedule dental and medical appointments during the school day.
- Find out if your child feels engaged by his classes and feels safe from bullies and other threats.

Make sure he/she is not missing class because of behavioral issues and school discipline policies. If any of these are problems, please make the support personnel at School 2 aware!

Student Work

At School 2, our K through 5 students are currently working on opinion pieces that contain counter arguments. Third grade is focusing on animal adaptations while 4th grade is learning about Native Americans, our 5th grade students are also working on American Revolution.

Third through 5th grade students are researching and writing biographies about African-Americans that have been agents of change. We can not wait to share with you their final products in our next issue!

Art by Markel Traynham-Cevallos

PTO Events!

Please join us for the following Events!

- **February 15th at 5pm** PTO meeting, 5:30pm Movie Night!
- **March 10th 4 to 9pm** at Chuck E. Cheese’s PTO fundraiser.
- **March 31st at 5:15pm** PTO meeting.
- **March PTO Spring Fling Dance, date TBA.**
- **April 29th at 10am** PTO meeting.
What does a School Counselor do?

A School Counselor does….
- Work with ALL students to create a safe school climate of trust and respect
- Deliver classroom lessons such as Second Step.
- Facilitate small groups.
- Meet individually with students to offer brief, solution-focused counseling.
- Help students who are struggling to make positive behavior choices.
- Collaborate with parents, teachers and support staff.

A Counselor does NOT….
- Work only with special ed., regular ed. or “problem” students.
- Assign grades after lessons or teach academic subjects
- Facilitate therapy groups.
- Meet individually with students to do long-term, mental health counseling.
- Handle discipline or assign consequences
- Collaborate with only one person. A team approach including the School Counselor works best.

Mindful Goal Setting

The new year is a great time too set new goals. This goal can be for home, school or somewhere else. It can involve someone else, or be a goal just for you. Here is an activity you can try for yourself or with your child. Begin with your eyes closed and take a deep cleansing breath in through your nose and out through your mouth. Take some time to think about something you would like to accomplish. Create an image in your mind of what it will look like, who will be there, and how you will be feeling. Focus and direct all your energy on what it will be like. Take a few minutes to think about what steps you need to take to accomplish your goal. Picture yourself working through those steps. When you are finished, take a deep breath in through your nose and out through your mouth and slowly open your eyes. The key to achieving what you want may lie in your ability to visualize it.

“A goal without a plan is just a wish!” Unknown author