



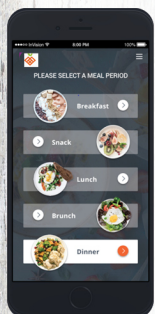
Welcome to our Lunch Cafe

Troy Elementary School

November
2020

The USDA has approved FREE breakfast and lunch for all students for schools on the NSLP/SBP for the 2020-2021 school year. Meals are approved to be served for in person and virtual learners. Please inquire with your schools district office to see if your school is participating.

Monday	Tuesday	Wednesday	Thursday	Friday
2 Grilled Cheese Sandwich <i>golden toasted bread with melted gooey cheese pressed and prepared in-house</i> Cinnamon Applesauce Steamed Carrots	3	4 Baked Chicken Tenders <i>crispy chicken tenders perfect for dipping in your favorite sauce</i> Dinner Roll Sweet Corn	5 NY Beef Burger <i>burger on a freshly toasted bun</i> Green Beans Applesauce	6 Cheesy Stuffed Bread Sticks <i>baked bread sticks filled with melted cheese</i> Marinara Sauce Steamed Broccoli Mixed Fruit
9 Mozzarella Sticks <i>crispy mozzarella sticks filled with gooey cheese, perfect for dipping into your favorite sauce</i> Chilled Pizza Sauce Orange Glazed Carrots Cinnamon Applesauce	10 Turkey Hot Dog on Bun <i>turkey hot dog on soft bun</i> Baked Beans Mixed Fruit	11	12 Crispy Chicken Sandwich <i>warm crispy breaded chicken on a bun prepared in-house</i> Green Beans Cinnamon Applesauce	13 French Bread Pizza <i>crispy French bread smothered with tomato sauce and melted cheese</i> Steamed Broccoli Mixed Fruit
16 Grilled Cheese Sandwich <i>golden toasted bread with melted gooey cheese pressed and prepared in-house</i> Fresh Baby Carrots Applesauce	17 Walking Taco <i>mexi-style taco meat paired with crispy chips</i> Baked Beans Mixed Fruit	18 BBQ Chicken Wrap <i>chicken breast with BBQ sauce, lettuce and tomato in a wrap</i> Sweet Corn Diced Peach Cup	19 Cheeseburger <i>burger topped with cheese on a freshly toasted bun</i> Green Beans Cinnamon Applesauce	20 Cheesy Stuffed Bread Sticks <i>baked bread sticks filled with melted cheese</i> Chilled Pizza Sauce Steamed Broccoli Mixed Fruit
23 Mozzarella Sticks <i>crispy mozzarella sticks filled with gooey cheese, perfect for dipping into your favorite sauce</i> Chilled Pizza Sauce Fresh Baby Carrots Cinnamon Applesauce	24 Pulled Pork <i>Pulled Pork</i> Hamburger Bun BBQ Sauce Baked Beans Mixed Fruit	25 1/2 DAY Lunches Available	26	27
30 Fresh Baby Carrots Grilled Cheese Sandwich <i>golden toasted bread with melted gooey cheese pressed and prepared in-house</i> Diced Peach Cup	<div> <p>Whitsons proudly supports clean, sustainable agriculture! We also focus on using ingredients that are locally sourced, all-natural, organic and non-GMO whenever possible.</p> </div>			



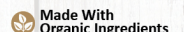
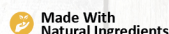
We are Simply Rooted® in food and family and our menus are nutritious and flavorful. Check out our mobile menu at www.FDMealPlanner.com or download FD MealPlanner free of charge, from the App Store or Google Play, and view your menu on your mobile device anywhere.



Mondays---ham/cheese sandwich
Tuesdays---Garden Salad
Wednesdays---Turkey Sandwich
Thursdays---Chicken Casear Salad
Fridays---Bologna/Cheese wick Sandwich

LUNCHES ARE FREE

fresh fruits
fat free milk
all Breads are whole grain
Any Questions Please contact your FSD
Rich Hollander at 518-328-5490 or email
rhollander@whitsons.com



*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. Menu is subject to change, notice posted when available. This institution is an equal opportunity provider.