


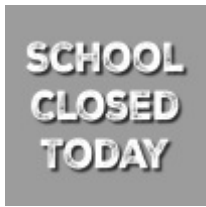







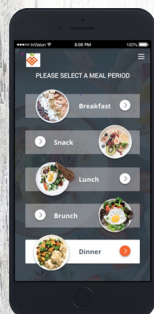
Welcome to our Breakfast Cafe

Troy Elementary School

November
2020

The USDA has approved FREE breakfast and lunch for all students for schools on the NSLP/SBP for the 2020-2021 school year. Meals are approved to be served for in person and virtual learners. Please inquire with your schools district office to see if your school is participating.

Monday	Tuesday	Wednesday	Thursday	Friday
2 Golden Grahams Cereal ✓ Animal Crackers 100% Apple Juice 	3 	4 Red. Sugar Froot Loops Cereal ✓ Mozzarella String Cheese 100% Apple Juice Orange Juice	5 WW Honey Bun ✓ 100% Orange Juice Blend Orange Juice	6 WG Chocolate Chip Muffin ✓ Animal Crackers 100% Apple Juice Orange Juice
9 Reduced Sugar Trix ✓ Animal Crackers 100% Apple Juice	10 Whole Wheat Donut ✓ 100% Orange Juice Blend Orange Juice	11 	12 Apple Cinnamon Donut ✓ 100% Orange Juice Blend Orange Juice	13 Reduced Sugar Frosted Flakes ✓ Animal Crackers 100% Apple Juice
16 Reduced Sugar Frosted Flakes ✓ Animal Crackers 100% Apple Juice Orange Juice	17 WW Honey Bun ✓ Orange Juice	18 Red. Sugar Cocoa Puffs Cereal ✓ Mozzarella String Cheese 100% Apple Juice Orange Juice	19 Whole Wheat Donut ✓ 100% Orange Juice Blend Orange Juice	20 Golden Grahams Cereal ✓ Animal Crackers 100% Apple Juice Orange Juice
23 Reduced Sugar Frosted Flakes ✓ Animal Crackers Orange Juice	24 Apple Cider Donut 100% Orange Juice Blend Orange Juice	25 Reduced Sugar Trix ✓ Mozzarella String Cheese 100% Apple Juice	26 	27 
30 Red. Sugar Cinnamon Toast Crunch Cereal ✓ Animal Crackers 100% Apple Juice Fat Free Milk	<div>   </div>			



We are Simply Rooted® in food and family and our menus are nutritious and flavorful. Check out our mobile menu at www.FDMealPlanner.com or download FD MealPlanner free of charge, from the App Store or Google Play, and view your menu on your mobile device anywhere.

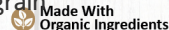
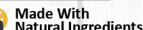


Breakfast is Free

If you have any questions please contact

Rich Hollander at 518-328-5489 or

rhollander@whitsons.com



FREE MEALS ARE AVAILABLE AT ALL SCHOOLS FOR PICK UP BETWEEN 10:00-11:00 am

All Breakfast Include;

100 % Fruit Juice-

Assorted Fresh Fruits /Fruit cups

Milk Choice of ; fat free white , chocolate or 1%

Soy or lactaid available with required documentation.

All items are whole grain

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. Menu is subject to change, notice posted when available. This institution is an equal opportunity provider.