

# Dinner Menu

## Troy Dinner Menu

March  
2019

Monday

Tuesday

Wednesday

Thursday

Friday




1 Chicken Corn Dog  
juicy chicken hot dog surrounded  
with a corn dog crust  
Fresh Baby Carrots  
Apple Slices

4 Crispy Popcorn Chicken  
*crispy breaded chicken bites  
baked to perfection*  
Dinner Roll  
Green Beans  
Fresh Apple

5 Chicken Sandwich  
Sweet Corn  
Fresh Banana

6 Cheeseburger  
*burger topped with cheese on a  
freshly toasted bun*  
Baked Beans  
Apple Slices

7 Nachos with Cheese   
Steamed Broccoli  
Fresh Orange

NO DINNER  
PROGRAM

11 Ranch & Chicken  
Quesadilla  
Baked Beans  
Fresh Apple

12 Classic Cheese Pizza   
Buttered Corn  
Fresh Banana

13 Meatball Sandwich  
Steamed Broccoli  
Apple Slices


14 Turkey Hot Dog on Bun  
*turkey hot dog on soft bun*  
Green Beans  
Fresh Orange

15 Chicken Nuggets  
*crispy breaded chicken nuggets  
perfect for dipping in your favorite  
sauce*  
Dinner Roll  
Fresh Baby Carrots  
Apple Slices

18 Walking Taco  
*mexi-style taco meat paired with  
crispy chips*  
Green Beans  
Fresh Orange


19 Pepperoni Pizza  
Buttered Corn  
Fresh Banana

20 Crispy Chicken Sandwich  
*warm crispy breaded chicken on  
a bun prepared in-house*  
Steamed Broccoli  
Apple Slices


21 Cheeseburger  
Cinnamon & Honey  
Roasted Beans   
Glazed Carrots  
Fresh Orange

SCHOOL  
CLOSED  
TODAY

25 Baked Chicken Tenders  
*crispy chicken tenders perfect for  
dipping in your favorite sauce*  
Dinner Roll  
Green Beans  
Fresh Apple

26 Classic Cheese Pizza   
Sweet Corn  
Fresh Banana

27 Turkey Hot Dog on Bun  
*turkey hot dog on soft bun*  
Baked Beans  
Apple Slices

28 Grilled Cheese Sandwich  
*golden toasted bread with melted  
gooey cheese pressed and  
prepared in-house*   
Chicken Noodle Soup  
Steamed Broccoli  
Fresh Orange

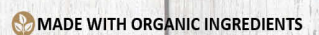
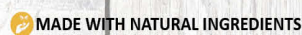
29 Italian Combo Sandwich  
*freshly made ham, salami, and  
cheese on a roll topped with fresh  
lettuce and tomato*  
Fresh Baby Carrots  
Apple Slices

We are Simply Rooted™ in food and family. Our menus are healthy, nutritious and flavorful, made from whole-some ingredients. We are moving towards phasing out processed foods and instead, offering more all natural, organic or non GMO options. We also offer allergen free foods and purchase locally when seasonally available. Check us out at [www.Whitsons.com](http://www.Whitsons.com) or scan our QR code for more information.



Dinner is Free  
All dinners are served with  
Meat/MMA  
Whole Grain Bread/Rolls  
Vegetable  
Fruit  
Choice of fat free or chocolate fat  
free milk

If you have any questions contact your FSD  
Rich Hollander 518-328-5490 or  
[rhollander@whitsons.com](mailto:rhollander@whitsons.com)



\*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. Menu is subject to change, notice posted when available. This institution is an equal opportunity provider.