

# Dinner Menu

## Troy Dinner Menu

February  
2019

Monday

Tuesday

Wednesday


Thursday

Friday

4 Crispy Popcorn Chicken  
Dinner Roll  
Green Beans  
Fresh Apple

5 Chicken Sandwich  
Sweet Corn  
Fresh Orange


6 Cheeseburger  
*burger topped with cheese on a freshly toasted bun*  
Baked Beans  
Apple Slices

7 Nachos with Cheese  
*creamy cheese layered over a bed of nachos*   
Steamed Broccoli  
Fresh Banana

1 Chicken Corn Dog  
*juicy chicken hot dog surrounded with a corn dog crust*  
Fresh Baby Carrots  
Apple Slices

8 Italian Combo Sandwich  
*freshly made ham, salami, and cheese on a roll topped with fresh lettuce and tomato*  
Fresh Baby Carrots  
Apple Slices

11 Baked Chicken Tenders  
Baked Beans  
Dinner Roll  
Fresh Apple

12 Classic Cheese Pizza  
*whole grain pizza crust topped with rich tomato sauce and melted mozzarella cheese*   
Buttered Corn  
Fresh Orange

13 Chicken Parmesan Sandwich  
*warm chicken patty smothered in tomato sauce, topped with melted cheese assembled in-house on a roll*  
Steamed Broccoli  
Apple Slices

14 Turkey Hot Dog on Bun  
*turkey hot dog on soft bun*  
Green Beans  
Fresh Banana

15 Chicken Nuggets  
Dinner Roll  
Fresh Baby Carrots  
Apple Slices

18  
**SCHOOL CLOSED TODAY**


19  
**SCHOOL CLOSED TODAY**


20  
**SCHOOL CLOSED TODAY**

21  
**SCHOOL CLOSED TODAY**

22  
**SCHOOL CLOSED TODAY**

25 Baked Chicken Tenders  
*crispy chicken tenders perfect for dipping in your favorite sauce*  
Dinner Roll  
Green Beans  
Fresh Apple

26 Classic Cheese Pizza  
*whole grain pizza crust topped with rich tomato sauce and melted mozzarella cheese*   
Sweet Corn  
Fresh Orange

27 Meatball Sliders  
*baked, sliced meatballs topped with tomato sauce, mozzarella and parmesan cheese*   
Dinner Rolls  
Steamed Broccoli  
Apple Slices

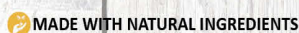
28 Tomato & Cheese Griller  
*hand crafted melted cheese sandwich with juicy fresh tomatoes between bread grilled to perfection*   
Cinnamon & Honey  
Roasted Beans   
Fresh Banana

We are Simply Rooted™ in food and family. Our menus are healthy, nutritious and flavorful, made from wholesome ingredients. We are moving towards phasing out processed foods and instead, offering more all natural, organic or non GMO options. We also offer allergen free foods and purchase locally when seasonally available. Check us out at [www.Whitsons.com](http://www.Whitsons.com) or scan our QR code for more information.



Dinner is Free  
All dinners are served with  
Meat/MMA  
Vegetable  
Fruit  
Whole Grain Rolls  
Choice of Flavored or Skim Milk

If you have any questions contact your FSD  
Rich Hollander 518-328-5490 or  
[rhollander@whitsons.com](mailto:rhollander@whitsons.com)



\*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. Menu is subject to change, notice posted when available. This institution is an equal opportunity provider.