



SCHOOL 2

Project P.R.O.M.I.S.E. presents

HEAD 2 TOE

WELLNESS DAY

SATURDAY, OCTOBER 21ST AT 10:30 AM

FREE Pancake Breakfast!



How to keep you and your family healthy



Working hard and eating smart on a budget



Kids' session AND free giveaways!



Take the
HEALTHY
HEART
Challenge!

Perseverance: I can keep my family healthy even when life gets tough.



----- YOUR RESPONSE IS NEEDED BY MON. 10/16 -----

Yes - We are coming to Head-to-Toe Wellness Day!

Parent Name: _____ Phone: _____

Child Name: _____ Total Attending: _____



VISION: All students achieving at proficiency. **MISSION:** To provide students with learning opportunities which foster academic proficiency or higher, to model and expect strong character from all, and to collectively own and celebrate the entire school community.

Special thanks to our Community Partner:

