Troy High School Lunch Menu

May 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 **Sweet and Sour Chicken w/Rice** Broccoli Fresh Fruit or Diced Pears Fresh Milk Variety	**2** **Toasted Cheese Sandwich** Green Beans Fresh Fruit or Diced Peaches Fresh Milk Variety	**3** **Chicken Pepperoni Parmesan Panini** Corn Fresh Fruit or Applesauce Fresh Milk Variety	**4** **Taco In a Bag w/ Goldfish Grahams** Vegetarian Beans Fresh fruit or Mixed Fruit Fresh Milk Variety	**5** **Nachos Grande w/ Toppings** Carrots Prepared Fruit Fresh Milk Variety
8 **Cheesy Breadsticks w/Dipping Sauce** Broccoli Fresh Fruit or Diced Pears Fresh Milk Variety	**9** **Buffalo Chicken Sub** Green Beans Fresh Fruit or Diced Peaches Fresh Milk Variety	**10** **BBQ Meatball Panini** Corn Fresh Fruit or Applesauce Fresh Milk Variety	**11** **Mozzarella Sticks w/Dipping sauce** Vegetarian Beans Fresh fruit or Mixed Fruit Fresh Milk Variety	**12** **BBQ Pork Rib Sandwich** Carrots Prepared Fruit Fresh Milk Variety

Choose 3 to 5 components each day, which may include 1 entrée. One of the components must be a fruit or vegetable.

15 **Meatball Bomber** Broccoli Fresh Fruit or Diced Pears Fresh Milk Variety	**16** **Chicken Parmesan Sandwich** Green Beans Fresh Fruit or Diced Peaches Fresh Milk Variety	**17** **Cuban Panini** Corn Fresh Fruit or Applesauce Fresh Milk Variety	**18** **Soft Shell Beef Tacos** Vegetarian Beans Fresh fruit or Mixed Fruit Fresh Milk Variety	**19** **Toasted Ham and Cheese Melt** Carrots Prepared Fruit Fresh Milk Variety
22 **BBQ Chicken** Broccoli Fresh Fruit or Diced Pears Fresh Milk Variety	**23** **Chicken and Waffles** Green Beans Fresh Fruit or Diced Peaches Fresh Milk Variety	**24** **Turkey Bacon Panini** Corn Fresh Fruit or Applesauce Fresh Milk Variety	**25** **Stromboli** Vegetarian Beans Fresh fruit or Mixed Fruit Fresh Milk Variety	**26** Half Day
29 	**30** **Mozzarella Sticks w/Dipping Sauce** Green Beans Fresh Fruit or Diced Peaches Fresh Milk Variety	**31** **Meatball Bomber** Corn Fresh Fruit or Applesauce Fresh Milk Variety	**Entrees Available Daily** **Chicken Nuggets or Chicken Patty** **Hamburger and Cheeseburger** **Fruit Parfait** **Made to Order Fresh Salad** **All Breads and Grains are Whole Grain Rich**	

Meal Components:

Protein, Grain, Fruit Vegetables & Milk

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