



**TROY  
High School  
Lunch Menu 9-12  
February 2017**

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

**Choice of Milk Available with Lunch:**  
Low-Fat White, Fat Free White, Fat Free Chocolate  
Fat Free Strawberry

**Entrees Available Daily**  
Peanut Butter & Jelly or Cheese Sandwich  
Baby Carrots (1/4 c)

All Breads and Grains are Whole Grain Rich

1  
Mozzarella Sticks  
w/Sauce  
-----  
Corn  
-----  
Fresh Fruit or  
Applesauce  
-----  
Fresh Milk Variety

2  
Turkey Bacon Panini  
-----  
Carrots  
-----  
Fresh Fruit or Mixed Fruit  
-----  
Fresh Milk Variety

3  
French Toast Sticks  
-----  
Vegetarian Beans  
-----  
Prepared Fruit  
-----  
Fresh Milk Variety

6  
Chicken Quesadilla  
w/ Salsa & Toppings  
-----  
Broccoli  
-----  
Fresh Fruit or  
Diced Pears  
-----  
Fresh Milk Variety

7  
French Bread Pizza  
-----  
Green Beans  
-----  
Fresh Fruit or  
Diced Peaches  
-----  
Fresh Milk Variety

8  
Italian Panini  
-----  
Corn  
-----  
Fresh Fruit or  
Applesauce  
-----  
Fresh Milk Variety

9  
Taco in a Bag  
-----  
Carrots  
-----  
Fresh Fruit or Mixed Fruit  
-----  
Fresh Milk Variety

10  
Cheesy Breadsticks  
w/ Dipping Sauce  
-----  
Vegetarian Beans  
-----  
Prepared Fruit  
-----  
Fresh Milk Variety

**Choose 3 to 5 components each day, which may include 1 entree. One of the components must be a fruit or vegetable.**

13  
Sloppy Joe Sandwich  
-----  
Broccoli  
-----  
Fresh Fruit or  
Diced Pears  
-----  
Fresh Milk Variety

14  
Baked Chicken  
-----  
Green Beans  
-----  
Fresh Fruit or  
Diced Peaches  
-----  
Fresh Milk Variety

15  
Beef Chili  
-----  
Oven Fries  
-----  
Fresh Fruit or  
Applesauce  
-----  
Fresh Milk Variety

16  
Meatball Bomber w/  
Mozzarella Cheese  
-----  
Carrots  
-----  
Fresh Fruit or Mixed Fruit  
-----  
Fresh Milk Variety

17  
Buffalo Chicken  
Nachos  
-----  
Vegetarian Beans  
-----  
Prepared Fruit  
-----  
Fresh Milk Variety

20

21

22

23

24

27  
Stromboli  
-----  
Broccoli  
-----  
Fresh Fruit or  
Diced Pears  
-----  
Fresh Milk Variety

28  
Buffalo Chicken Sub  
-----  
Green Beans  
-----  
Fresh Fruit or  
Diced Peaches  
-----  
Fresh Milk Variety

