

# Empire State After School Program 2018-2019 Handbook

**MISSION STATEMENT:** To provide opportunities for learning, growth and discovery in a safe supportive after school environment that will ensure each student reach their full potential.

January 10, 2018

The Troy City School District is pleased to announce that it is a recipient of the Empire State After School Grant. The grant allows for each District elementary school to host its own after school program, resulting in additional learning time for students in Grades K-5 throughout Troy. The Troy YMCA and the Troy Boys and Girls Club will partner with the District to provide these services.

The program will operate Monday through Friday from dismissal until 5:15 p.m. at each of the elementary schools:

- School 2
- School 14
- School 16
- School 18
- Carroll Hill School

Program does NOT operate when school is not in session or when after school activities have been cancelled due to inclement weather. Program will NOT operate on half days (10:20 dismissal) or parent /teacher conference days. Alternative care through the YMCA or Troy Boys and Girls Club will be available upon request on a first come first serve basis. This will need to be arranged with the provider prior to care.

### Transportation:

Students in Grades K-1 must be signed out by a parent/guardian or authorized adult no later than 5:15 p.m. Please be advised that photo identification is necessary when signing a child out of program.

Students in Grades 2-5 may be transported by bus. Stops will be at a central location close to their home assigned by the Troy CSD transportation office.

### Program:

- Snack
- Academics implemented by district staff and supported by community based partners to build on ELA and math, science and other concepts students are working on during the day in small groups in a fun and interactive way.
- Enrichment activity rotations may include but are not limited to physical movement, creative expression, technology, mindfulness, cooking, science projects, social emotional skill building and other child interest based opportunities
- Dinner
- Field Trips and Virtual Field Trips coinciding with themes and concepts
- Visiting educational programming
- Mentoring Programs
- Parent Workshops

Empire State After School Program  
Student Contract  
2018-2019

Troy City School District is proud to offer The Empire State After School Program. The goal of this program is to help students develop, or enhance, important social and academic skills. In order to provide a safe and enriching environment it is required that all students agree to follow the rules of the program.

I promise to follow all Troy City School District and Empire State After School Program rules. I will:

✓	Treat myself, my peers and my teachers with respect and kindness.
✓	Keep control of my mind and body, I will not fight or be hurtful in any way.
✓	Attend the program each day and participate in all activities.
✓	Let a teacher know where I am at all times.
✓	Believe in my own and other's abilities to excel.

By signing this document, I am agreeing to follow the rules. I understand that if I do not follow the rules I may be dismissed from the current session or from the program entirely. If dismissed, I understand that it is up to the discretion of the After School Coordinators and the Program Director to determine if I will be allowed to return to participate in any other sessions throughout the 2018-2019 school year.

Grade Level(s)      K    1    2    3    4    5

Student Signature: \_\_\_\_\_

Parent  
Signature: \_\_\_\_\_

Date: \_\_\_\_\_

## Empire State After School Contact Information

Program Director:  
Hilary Montesano  
Phone: 518-328-5443  
Email: montesanoh@troycsd.org

### School 2

Site Coordinators: Sam Aronowitz and Lakime Meadows  
Program Partner: Troy Boys and Girls Club  
After school phone number:

### School 14

Site Coordinators: Lamont Garland  
Program Partner: Troy Boys and Girls Club  
After school phone number:

### School 16

Site Coordinators: Lori Abelson  
Program Partner: Troy YMCA  
After school phone number:

### School 18

Site Coordinators: TBD  
Program Partner: Troy YMCA  
After school phone number:

### Carroll Hill School

Site Coordinators: Katelyn McNall and Karalina Zimmerman  
Program Partner: Troy Boys and Girls Club  
After school phone number:

*“The research is clear. Strong afterschool programs provide a wide range of benefits for children, families and their communities. These programs can enhance academic performance, improve classroom behavior, reduce unhealthy and risky behaviors, encourage physical activity and good dietary habits, and provide a safe and supportive environment for the children of working parents. I applaud the Governor and the legislature for making these benefits available to so many children and families across the state.”*

- MaryEllen Elia, New York State Education Commissioner