

Welcome to our Lunch Cafe @ Troy Middle School

April
2018


Monday

Tuesday

Wednesday

Thursday

Friday

2 SCHOOL CLOSED TODAY	3 SCHOOL CLOSED TODAY	4 SCHOOL CLOSED TODAY	5 SCHOOL CLOSED TODAY	6 SCHOOL CLOSED TODAY
9 BBQ Chicken Sandwich Sour Cream Shredded Cheddar Cheese Broccoli Fresh Apple	10 Buffalo Chicken Sauce & Toss Corn Fluffy Mashed Potatoes	11 Hot Open Turkey Sandwich with Gravy Fluffy Mashed Potatoes Sweet Corn Fresh Orange Fat Free Milk	12 General Tso's Chicken 🍗 Yellow Rice Green Beans Celery Sticks Fresh Banana Diced Peach Cup	13 Baked Pasta with Cheese 🌱🥕🍌 Garden Salad Fresh Orange Mixed Fruit
16 Grilled Cheese 🌱 Tomato Soup Fresh Orange Fat Free Milk	17 Buffalo Chicken Tenders 🍗 Sweet Corn Side Salad Celery Sticks Fresh Banana	18 Orange Chicken Taco Steamed Broccoli Baby Carrots Fresh Banana Diced Peach Cup	19 Homemade Mac & Cheese 🌱🥕 Green Beans Celery Sticks Diced Pear Cup	20 Hot Open Turkey Sandwich with Gravy Fluffy Mashed Potatoes Fat Free Milk Celery Mixed Fruit
23 BBQ Chicken Steamed Broccoli Fluffy Mashed Potatoes Celery Sticks Applesauce Fat Free Milk	24 Bacon Cheeseburger Oven Baked Fries Baby Carrots Fresh Banana Fat Free Milk	25 Crispy Chicken Sandwich Oven Baked Fries Steamed Carrots Fat Free Milk	26 BBQ Chicken Sandwich Steamed Broccoli Fresh Apple Garden Salad Fat Free Milk	27 Jamaican Beef Patty Buffalo Chicken Pizza 🍗 Steamed Carrots Fresh Apple Fat Free Milk Garden Salad
30 Chicken Nuggets Oven Baked Fries Steamed Carrots Fresh Banana Pineapple Cup	<div style="background-color: #4CAF50; color: white; padding: 10px; text-align: center;">  <p>We proudly support clean, organic, local and sustainable agriculture.</p> <p>CHEF SPECIAL SELECTIONS HARVEST of the MONTH NO SCHOOL GOOD FRIDAY</p> <p>🌱 VEGETARIAN 🥕 MADE WITH ORGANIC INGREDIENTS 🍌 MADE WITH ALL NATURAL INGREDIENTS 🐷 PORK 🌱 VEGAN</p> </div>			



SIMPLY ROOTED™ in food and family

We offer yogurt that is 100% all-natural or organic. Also, our hummus is organic and tahini-free. This is because we are Simply Rooted™ in food and family and we care about



our young customers. Our ingredients are locally sourced all natural, and organic or non-GMO, whenever possible.



Available Daily

Made to order deli bar and salad bar
Cheese, pepperoni, and a specialty pizzas
Chicken nuggets, Chicken Patty, Hamburger & Cheeseburger
Variety of fresh and chilled fruit

All meals are served with choice of fat free chocolate or 1% low fat or skim milk

If you have any questions or would like additional information regarding this menu please contact your food service director Rich Hollander at 518 328 5490 or hollanderr@whitsons.com

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. Menu is subject to change, notice posted when available. This institution is an equal opportunity provider.